



TIPS to Reach 1% Every Day

Tips to Reposition Family Planning Programs and Services

1. Revise reproductive health and family planning (RH/FP) laws to ensure they favor all FP aspects including age of marriage of adolescent girls to be consistent with ICPD recommendations. Involve communities through religious leaders, civil society, public and private sectors in the revision.
2. Negotiate for local funds to be allocated to RH/FP to procure contraceptives within the essential drugs budget as a sign of the government's interest and commitment to FP program as a priority health intervention.
3. Revise the RH/FP national communication program that focuses on messages about the major health and non health benefits of FP, particularly emphasizing the unmet needs for optimal birth spacing intervals of 3 to 5 years. Include an adequate advocacy and community education program using appropriate channels that support the promotion of optimal birth spacing.
4. Integrate the logistics of RH/FP commodities with the logistics of essential drugs to ensure the availability of essential contraceptives methods at all health facilities and their respective community-based FP delivery points.
5. Integrate FP services within health and non health services and programs. Ensure every facility has a revised list of norms and standards for quality FP services.
6. Develop an effective training strategy to refresh or build the FP capacity of providers to offer the services according to quality norms and standards.
7. Conduct rapid surveys using LQAS to monitor the increase of new users and reduction of the drop out rate. Also measure the reduction of unwanted pregnancies, the increase of the couple year protection (CYP) and the contraceptive prevalence rate (CPR) in the country.